**Player’s Charter**

Individual players own their own development.

1. **Training start time:** Ensure you are ready to go for the start of training, arriving approximately 15 mins before the start time.
2. **Don’t train don’t expect to start:** During selection, priority will be given to players who attend training regularly. (For exceptions see point 6)
3. **Missing two consecutive training sessions:** If you miss two training sessions in a row, you may be asked to play your next match for a lower team than you would usually play for. (For exceptions see point 6)
4. **Selection:** Coaches and captains are responsible for selection. Selection discussions and requests for feedback will go through your captains/coaches with input from the club’s Playing committee where necessary.
5. **Availability:** It is preferred that you give your availability for the whole Saturday at least one month in advance.
6. **Can’t make training?** You **must** notify your captain if you are unable to make training giving as much notice as possible.
7. **New players:** New players should go into the squad session just below the team the club expects them to end up playing for (unless discussed and approved otherwise). There will be discussions/approvals between the coaches and playing committee as to where the new player will start.
8. **Punctuality:** You are expected to be punctual and make the meet times for games (unless proper, prior notice is given and alternative arrangements made with your captain).
9. **Captaincy:** Captains and vice-captains will be elected each year once the season starts.
10. **Playing kit:** You are expected to play games in the proper club kit which is as follows:

* Exeter Hockey home shirt (it is also recommended that you have an away club shirt)
* Exeter Hockey short/skort (If not, then a plain navy short/skort)
* Exeter Hockey socks

1. **Post match teas:** Players are encouraged to join their teams for post-match teas out of courtesy to the opposition and your team.
2. **Disciplinary:** Repetitive cards may result in a player being omitted from selection or playing for a lower team. Note – 4 yellow cards will result in a ban from the league going forward.