

Upcoming Social Dates

14th December - Christmas Social

This year's Christmas social will be at the Victoria Inn on Union Road, tickets are £5 – please purchase these NOW through Teamo.

Costume theme is... CHRISTMAS DINNER - keep an eye out on our socials

18th January - Curry night

Our Men's 2s are playing up at the University PB 5pm therefore the plan is to watch their game then go for a curry in town. Full details will be confirmed and shared ASAP. Save the date!

Instagram: <u>@exeterhockey</u> Facebook: <u>Exeter Hockey Club</u>

Fixtures:

Final league games for 2024 this weekend for our Ladies 1s vs Cheltenham at home. Come and cheer them on at St James High School from 11:30.

Our Men's 1st XI will be playing after at St James 15:30 vs ICSA 2s.

Please see below for the remaining fixtures for 2024:

	Ladies 1s	Ladies 2s	Ladies 3s	Ladies 4s	Ladies 5s	Ladies 6s
30.11.2024	Cheltenham HOME 13:30	Newquay AWAY 12:00	Dart HOME 11:30	Sid & Ottery HOME 10:00	Sid & Ottery AWAY 10:15	Uni Exeter 5s HOME* 11:30
07.12.2024		Shepton Mallet HOME 11:30	Teign AWAY 12:00		ECVH 2 HOME 10:00	Chard AWAY 11:00
14.12.2024		Penzance HOME* 11:30			Bridgwater AWAY 10:30	

Home for Ladies fixtures is St James School

^{*}St Peters School

	Men's 1s	Men's 2s	Men's 3s	Men's 4s
	ISCA 2s	ECVH 2	Torbay 3s	West Dorset
30.11.2024	HOME	AWAY	HOME	AWAY
	15:30	11:30	13:30	14:00
	Clifton 3s	Torbay 2s	Teign	Ocean City 4s
07.12.2024	AWAY	HOME*	AWAY	HOME*
	12:30	13:30	12:00	15:00
	Penzance	Ashmoor 3s	Ashmoor 2s	ISCA 7s
14.12.2024	HOME	AWAY	HOME	AWAY
	13:30	15:30	15:00	10:00

Home for Men's fixtures is St Peters School

^{*}St James School



Umpiring

We really need your help!

We are very short of umpires across the club and would love it if some of you, or your partners/relatives would consider becoming an umpire.

All it requires initially is to take part in a 2 hour online course (which the club will reimburse you for) and you will be able to umpire some matches. As you progress we can help support and coach you until you are ready to be assessed to become a fully qualified Level 1 umpire.

Without umpires our games simply can't go ahead and we currently rely on a very small group of umpires, some of whom umpire two matches every week! If we can't provide umpires we have to cancel games, and teams will lose points.

Please think about it and if you want any more information then please let me know. Below is the link for signing up to the umpire courses.

https://hockeyhub.englandhockey.co.uk/events?search=+level+1

Some dates over the next few weeks are:

2nd December 9th December 6th December 12th December

For those of you that don't know him, Martin is stepping up to offer support and coaching for any new umpires that want to improve, if this is something of interest to you please get in touch with our umpire secretaries Gemma Barnett, Clare Fox and Ian Mackie or Fi via exeterhcsecretary@gmail.com - look forward to hearing from you!



Martin Stoneman



Ladies GK recruitment

We're still looking for any new ladies goalkeepers - please do share around and invite any friends or even if you want to give it a go yourself.

Reminder on some of the benefits:

- Specific goalkeeping training with an England Masters GK
- Discounted sub prices
- Kit can be provided
- Multiple teams for all range of abilities

Please pass on our membership secretary details for any new members exeterhcmembership@gmail.com

Or let your captain know if you would like to try yourself!

Unsung Hero



Introducing a new regular part of the newsletter - our unsung heroes. People that go above and beyond and don't get anywhere near enough praise for it. People like this really help the club thrive!

If you have anyone else you think goes above and beyond please let us know exeterhccomms@gmail.com

Welfare Officers

Firstly we would like to thank Helena Palmer for all her help as Exeter Hockey Clubs Ladies welfare officer. She is moving back to Cornwall with her family therefore we would like to wish them all the best as well as highlighting this role is now **vacant**. Therefore, please reach out to your captain or the committee if you are able to help out in this role. Dave Pewsey is our Men's welfare officer - please reach out to him if you have any concerns.



Dave Pewsey exeterhcmenswelfare@gmail.com



More information on our safeguarding policies can be seen on our website. https://exeterhc.co.uk/about/welfare/

Newsletter archive

Previous newsletters may be found here: exeterhc.co.uk/newsletters-archive/

Easyfundraising

A quick reminder about easyfundraising , it's a very effective way to help your club at no cost to you when purchasing things online. So far we've raised over £1800, so keep up the good work.

Please see the page below to see how easy it is to get started. https://exeterhc.co.uk/about/fundraising/

In the market for a new gumshield?

England Hockey have an exclusive 10% discount sitewide across Opro.com Use the code **ENGLANDHOCKEY** at checkout.